

# 2018 Autumn Vacation Care

Mon 16<sup>th</sup> Apr

YMCA Commonwealth Games



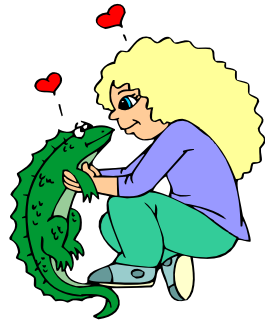
“Share the Dream” is this year’s motto, so join us as we run our own Commonwealth Games right here at the YMCA. Compete for yourself, your team, your country, the glory, and of course, the gold!

Suggested by Blake & Liam

Outcomes 1, 2, 4

Tue 17<sup>th</sup> Apr

Animal Capers



Today we are visited by Animal Capers for a hands on experience with some amazing animals. Learn about and interact with birds, mammals, reptiles, amphibians and invertebrates.

Suggested by Harmony

Outcomes 1, 2, 3, 4

Wed 18<sup>th</sup> Apr

Mega Courts



Please be at the YMCA by 10:30am

Have some MEGA FUN with our MEGA INFLATABLE FUN ZONE! Enjoy jumping castles, mazes, basketball & soccer skill shots and lots more to explore.

Suggested by Bodhi

Outcomes 1, 3, 4

Stricly 48 spaces only

Thu 19<sup>th</sup> Apr

BUILD & DESTROY!



Let’s open up electronic devices and see what’s inside. Can you put them back together? Or fix them? Use various materials and compete with friends to build the best structures and then KNOCK THEM DOWN!

Suggested by Chris & Diesel

Outcomes 1, 3, 4, 5

Fri 20<sup>th</sup> Apr

Stunt Monkey Mania



Stunt Monkeys is an exclusive INEA YMCA program. Spend the day learning skills in activities combining action acting, gymnastics, martial arts, parkour and stunting.

Suggested by Whitney, Isaac & Talia

Outcomes 1, 4, 5

Remember to bring everyday:



Water bottle



Recess



Lunch



Sun-safe hat



If it’s a hot day bring a towel and spare clothes



# 2018 Autumn Vacation Care

Mon 23<sup>rd</sup> Apr

It's Gym-tastic!



Acrobatics, Rhythmic and Artistic Gymnastics.

For the entire day.

Need we say more?!

Suggested by Lily, Tinka & Sjaida

Outcomes 1, 2, 3, 4

Tue 24<sup>th</sup> Apr

Adelaide Oval



Please be at the YMCA by 9:00am

Come with us to explore the Adelaide Oval without the crowds as we go behind the scenes to relive celebrated moments and discover hidden secrets.

Suggested by Luke & Ethan

Outcomes 2, 4

Stricly 48 spaces only

Wed 25<sup>th</sup> Apr

Centre closed  
ANZAC Day  
public holiday

Thu 26<sup>th</sup> Apr

Kids Safe Self-Defence



Learn how to protect yourself through 'Ninja Reflex' drills. Strengthen your abilities and confidence to overcome difficult situations, bullying and physical attacks.

Suggested by Daniel

Outcomes 1, 2, 3, 4

Fri 27<sup>th</sup> Apr

Hide & Seek Day



Hide and Seek.

In the Gym?  
In the DARK?  
Outside?  
Or blindfolded?  
In the WHOLE Centre?

Suggested by Noah, Zara & Chloe

Outcomes 1, 2, 4, 5

Remember to bring everyday:



Water bottle



Recess



Lunch



Sun-safe hat



If it's a hot day bring a towel and spare clothes



# Vacation Care Information for Parents

**Arrival** – while there is no specific time that children must arrive any day, we regularly have a get-to-know-you game by 9:30am that we love having all children participate in and then a roll call at 10:00am. The main activities of the day and incursions begin at 10:30am. Please note, exceptions to these are times for excursions. Ensure you complete the sign-in sheet, filling-in ALL columns upon arrival.

**Pick-up** – please ensure you sign your child(ren) out on the attendance roll. This person MUST be a nominated person on the child(ren)'s enrolment form.

**“My Time, Our Place” framework** – our service is governed by a framework for school age care. All themed days and individual activities are accountable to one or more of the following outcomes:

- Outcome 1 – Children have a strong sense of identity
- Outcome 2 – Children are connected with and contribute to their world
- Outcome 3 – Children have a strong sense of wellbeing
- Outcome 4 – Children are confident and involved learners
- Outcome 5 – Children are effective communicators

**Recess and Lunches** – please send appropriate and adequate meals for your child(ren) every day that they attend. We highly recommend that parents / caregivers follow healthy eating guidelines ([https://www.arthritisact.org.au/education/food\\_for\\_health\\_poster.pdf](https://www.arthritisact.org.au/education/food_for_health_poster.pdf)). Please avoid lollies and other confectionaries as well as chips/biscuits, etc. YMCA INEA is also at NUT-FREE centre.

**Sun Safe Policy** – our service follows a strict sun safe policy where we are provided up-to-date information via the ‘SunSmart’ app for guidelines of UV index, etc. All children must bring a sun-safe hat to every day they attend. Sun safe hats include: legionnaire, bucket and wide-brimmed. We DO NOT accept baseball caps or any other hats that do not cover ears to be worn by children.

**Fees** – all parents / caregivers must be up-to-date with their previous payments to enrol their child(ren) into the next holiday program.

- In-house days - \$52
- Incursions - \$57
- Bronze excursions - \$57 (free entry admission to the site)
- Silver excursions - \$62 (\$1-10 entry admission to the site)
- Gold excursion - \$67 (\$11+ entry admission to the site)

Fees are charged for the whole day only, not at an hourly rate or half-day option. Full payment is required upon booking.

Bookings can only proceed if places are available for that day. Payments can be made cash/credit card/EFTPOS/cheque at the centre or over the phone.

Child Care Benefit (CCB) is available for most families. Please obtain an application form from a Family Assistance Office.

**Cancellation** – prior to 48 hours’ notice will incur a refund. Cancellations within 48-hours of the booked day will incur the full amount payable.

